Elizabeth Lee Black Gluten/Dairy/Egg Free Lunch Menu

September 2024



2. NO SCHOOL	3. Lunch Diced Chicken w Rice Steamed Broccoli Assorted Fruit Milk	4. Lunch Hamburger w/ Rice Tater Tots Assorted Fruit Milk	<u>Lunch</u> GF Pasta w/ Meatsauce Steamed Green Beans Assorted Fruit Milk	6. Lunch Diced Chicken w/ GF Paste Gluten Free Cheese Pizza Steamed Carrots Assorted Fruit Milk Jello
9. Lunch Grilled Chicken Patty w/ GF Pasta Steamed Broccoli Assorted Fruit Milk	10. Lunch Hamburger w/ Rice Steamed Carrots Assorted Fruit Milk	Lunch Sloppy Joe w/ Rice Steamed Green Beans Assorted Fruit Milk	Lunch Diced Chicken w/ GF Pasta Tater Tots Assorted Fruit Milk	13. Lunch GF Cheese Pizza BBQ w/ Pasta TNG Baked Beans Assorted Fruit Milk Jello
Lunch Lunch Diced Chicken w/ Rice Steamed Peas Assorted Fruit Milk	<u>Lunch</u> BBQ Grilled Chicken w/ Rice Baked French Fries Assorted Fruit Milk	Lunch Grilled Chicken Patty w/ GF Pasta Baked Beans Assorted Fruit Milk	Lunch Diced Chicken w/ GF Pasta Steamed Green Beans Assorted Fruit Milk	20. Lunch Hamburger w/ Pasta GF Cheese Pizza Steamed Carrots Assorted Fruit Milk Jello
<u>Lunch</u> BBQ Pork w/ Rice Steamed Green Beans Assorted Fruit Milk	24. Lunch Grilled Chicken Patty w/ GF Pasta Tater Tots Assorted Fruit Milk	25. Lunch Diced Chicken w/ Rice Steamed Broccoli Assorted Fruit Milk	26. Lunch GF Pasta w/ Meatsauce Steamed Carrots Assorted Fruit Milk	27. Lunch Diced Chicken w/ GF Pasta GF Cheese Pizza Baked Beans Assorted Fruit Milk Jello
30. Lunch Diced Chicken w/ Rice Steamed Carrots Assorted Fruit Milk				

Lunch Milk Choices Daily:

Fat Free Chocolate or 1% White

In order to qualify for a reimbursable lunch this meal must include the following components: Meat/Meat Alternate, Fruit, Vegetable, Grains, Milk.

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